

# **ELASTIC HOOK & LOOP CUMMERBUND - SPIRITUS SYSTEMS**

## **ELASTIC HOOK & LOOP CUMMERBUND (SIZE 1), RANGER GREEN**

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**Assault Panel Core** The Assault Panel Core was designed to be a multi-mission back panel attachment to your LV-119 OVERT Rear Plate Bag. We designed the Panel to fill a spectrum of needs ranging from a light weight Assault Panel, to a more robust Pack Panel. The panel is both expandable and modular and can accommodate a plethora of equipment to meet almost any operational need. The Assault Panel Core attaches to your LV-119 Rear Plate Bag using a combination of 6 directional snaps, and 2 full length zippers. It also utilizes two stabilizers that route inside of the Rear Plate Bag if the Panel is used in "Configuration 2 or 3" listed below. The Panel has a removable flap system that allows the user to configure the upper half of the Panel to meet their mission needs. (Flaps are sold separately, the Assault Panel Core does NOT come with a flap.) This eliminates the need to have multiple panels and allows for quicker donning and doffing of mission essential equipment. NOTE: This LV/119 Cummerbund is designed for use with a front and rear LV/119 plate bag. The 5-Inch Elastic Cummerbund is a simple and effective solution for professionals who need to carry and have rapid access to additional ammunition and equipment on their sides while still maintaining a low profile. Side loading is great for ground vehicle and low visibility operations. Elastic cells are 3 inches wide and are built around standard 5.56 Magazines, such as the PMAG. Elastic cummerbunds prevent user fatigue while worn for long durations, as they stretch with the body during active maneuvers. By using 5-Inch Elastic, we allow for the stable carriage of taller items as they are held more securely. The sewn-on pull tabs allow for the use of the Bungee Retention Kit to securely hold items for HALO, OTB, or other kinetic operations. The tabs also allow users to pull on the cell and make it easier to load and extract equipment. The Elastic Hook & Loop Cummerbund features premium, Berry Amendment Compliant materials sourced from industry leaders in textiles manufacturing. It offers superior construction processes, including triple stitching on the elastic cells to prolong life and prevent cell failure when stuffed with-non standard or oddly shaped items. **Cummerbund Attachment** The cummerbund attachment is a proprietary system that allows for the use of all of Spiritus Systems cummerbunds, as well as allowing for a wide range of adjustment. The cummerbund attaches inside the plate bag, which is advantageous for a few reasons. There is no external mounting that can get snagged or rip off when exiting vehicles in haste. The design creates a smooth profile when worn underneath clothing. Hook & Loop is not utilized as an attachment method on the rear plate bag. Hook & Loop wears out over time and is a generally less-than-optimal attachment method when not supported in other ways. Hook & Loop doesn't handle weight well and it sticks to everything, especially cloth seats. **SIZING** The cummerbund comes in two sizes: Size 1 and Size 2, each offering up to 14 inches of total adjustment. This allows for a proper fitment for all body types. To figure our appropriate sizing, take measurement of the waist at the belly button. When measuring, users should dress as they would while actually wearing the carrier. For example, if the user is operating in arctic environments, they should be wearing cold weather equipment when measuring. Size 1: 28" to 42" Size 2: 40" to 54" **SOLD AS A SET.** If your waist measurement is 42", we suggest going up to the Size 2 cummerbund. NOTE: The LV119 Cummerbund is part of the LV119 Plate Carrier System. This item does not include a Front Plate Bag, Rear Plate Bag,



Shoulder Covers, Placards, or any other accessories. Additional components are required for proper use. Some images shown with optional accessories, sold separately.

## Attributes

- Name: [SPIRITUS SYSTEMS ELASTIC HOOK & LOOP CUMMERBUND \(SIZE 1\), RANGER GREEN](#)
- Manufacturer: [SPIRITUS SYSTEMS](#)
- Product no.: 430100557
- Mfr. No.: PC-EV-RG-S1
- Colour: Ranger Green
- Delivery weight: 0.272kg
- Shipping height: 38mm
- Shipping width: 165mm
- Shipping length: 229mm

## Item details

Made in USA

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# Safety Instruction Guide for ELASTIC HOOK & LOOP CUMMERBUND

## Introduction

Thank you for choosing the ELASTIC HOOK & LOOP CUMMERBUND by Spiritus Systems. This product is designed for professionals requiring a reliable and adjustable cummerbund system. Please read this safety instruction guide carefully to ensure safe use and maintenance of the product.

## General Safety Guidelines

- Ensure that the cummerbund is fitted correctly to avoid discomfort or injury during use.
- Regularly inspect the cummerbund for wear and tear, especially before each use.
- Do not use the cummerbund for purposes other than those intended.
- Keep the cummerbund away from sharp objects to prevent damage.
- Ensure that all components are compatible with your LV119 Plate Carrier System.

## Specific Safety Precautions for Use

- **Sizing:**
  - Measure your waist at the belly button to determine the correct size (Size 1: 28" to 42", Size 2: 40" to 54").
  - If your waist measurement is 42", consider upgrading to Size 2 for better fit.
- **Weight Capacity:**
  - Be mindful of the weight you add to the cummerbund to prevent strain or injury.
- **Environmental Conditions:**
  - When operating in extreme conditions (e.g., arctic environments), wear appropriate clothing while measuring and using the cummerbund.
- **Installation:**
  - Follow the installation instructions carefully to ensure secure attachment to the LV119 Rear Plate Bag.
- **Modularity:**
  - Use only compatible flaps and attachments to maintain the integrity of the cummerbund system.

## Instructions for Installation and Usage

### Installation

1. **Preparation:**
  - Ensure you have all necessary components, including the cummerbund, LV119 Rear Plate Bag, and any optional flaps.
2. **Attaching the Cummerbund:**
  - Open the rear plate bag and locate the internal attachment points.
  - Insert the cummerbund securely into the designated slots.
  - Ensure that the cummerbund is positioned correctly for optimal comfort and function.
3. **Adjusting the Fit:**
  - Use the adjustment mechanism to tailor the fit to your waist size.
  - Check that the cummerbund is snug but not overly tight, allowing for mobility.

### Usage

- When wearing the cummerbund, ensure that all equipment is securely stored within the elastic cells.
- Utilize the sewn-on pull tabs for easy access to your gear.
- Regularly check the stability of the cummerbund during use, especially when engaging in active

maneuvers.

## Disposal Instructions

- Dispose of the cummerbund according to local regulations for textile waste.
- If the cummerbund is damaged beyond repair, consider recycling materials where possible.
- Do not dispose of the cummerbund in regular household waste if it contains any hazardous materials.

## Contact Information for Further Support

For any safety inquiries or support, please refer to the official Spiritus Systems contact methods available on their website or product packaging.

This safety instruction guide is designed to ensure the safe and effective use of the ELASTIC HOOK & LOOP CUMMERBUND. For further information regarding safety standards or product recalls, please consult the EU's Safety Gate platform or your local consumer safety authority.

# About Us

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